MP name

House of Commons

London

SW1A 0AA

date

Dear MP name

**Re: YOUR TOPIC in constituency name**

Background

Use this area to describe the issue, any stats or facts you can share about the wider issue.

Personal experience

Share your experiences here. Give details about how the above issue has affected you personally

For example:

Experience of using local

NHS services

What change would you like to see overall?

Detail here what you’d like to see overall, in an idea world. Don’t worry about keeping it local here. If you want to see vegan options sold in every food establishment by 2024 – put that!

What change do you want your MP to make?

What’s happening locally that your MP could do to give you confidence the issue is being addressed? Do you want them to raise it in parliament? Do you want them to start a campaign?

What are you doing?

Help your MP rally support by detailing what it is that you are doing to make changes. For example – you only by second-hand clothes and your issue is about addressing climate change.

Sign your letter formally

Yours Sincerely

NAME

Give them a way of contacting you. Call to action. If you want them to reply, you need to ask!